

Workshop outline · BE10 · Workforce and Workplace

Employee Health and Safety.

Does your organization protect the physical and mental health of everyone who works for it, beyond the legal minimum? A live session on Future-Fit Break-Even Goal BE10: what the standard requires, where your organization stands, and what to do next.

For
HR directors, people and culture leads, compensation and benefits teams, and health and safety managers. Also line managers, operations directors, and legal and compliance teams. No prior knowledge of the Benchmark is needed.

Format
Two hours forty-five minutes. Live virtual.

What it is for.

Health here goes beyond physical safety to mental and emotional well-being, including stress. The standard is a safe workplace, zero tolerance for harassment and bullying, and work-related injury and illness driven toward zero.

The standard is Future-Fit Break-Even Goal BE10, "Employee health is safeguarded". In the words of the Benchmark: "A Future-Fit Business safeguards the health of its employees by ensuring physically safe work environments, having zero tolerance for harassment and bullying, and by nurturing emotional and mental wellbeing." The session shows what that requires, how progress is measured on the scale from 0 to 100 percent, and what your team has to do to find out where the organization stands.

It is not a complete benchmarking exercise. A real progress score needs data from every site, and more time than one session allows. Participants leave knowing exactly how to do it.

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What you leave with.

- A precise understanding of what BE10 requires, and why the standard is higher than most organizations meet today
- The ability to tell which approaches count under the Benchmark and which do not
- A worked example of the progress score calculation
- A Fitness Snapshot: a directional estimate of where your organization stands on the scale from 0 to 100 percent
- A Game Plan: the questions to ask, the data to gather and the conversations to have, so that real benchmarking can follow
- A Personal Action Plan: three named, time-bound actions
- After the session: a 30-day follow-up pack of four weekly activities
- After the session: the Future-Fit Action Guide for BE10 and a reading list

Why it matters.

- The legal minimum and the Future-Fit standard are furthest apart on mental health
- The session shows the difference between legal compliance and the Future-Fit standard
- For many organizations the honest gap between practice and goal is the most valuable result of the session

Format.

Length	Two hours forty-five minutes
Mode	Live virtual
For	HR directors, people and culture leads, compensation and benefits teams, and health and safety managers. Also line managers, operations directors, and legal and compliance teams. No prior knowledge of the Benchmark is needed.
Method	Short inputs from Lorne on the goal and the standard; A worked example of the progress score; The Fitness Snapshot, done on your own organization; The Game Plan and the Personal Action Plan, written in the session

Your speaker.



Lorne Michael Cousins

Senior Fellow and Council Director, The Conference Board, Asia. Founder, Fulcrum Point.

Lorne Michael Cousins has spent twenty-five years inside corporate sustainability across China and the Asia-Pacific, as environmental auditor, sustainability consultant and leadership strategist. He is Senior Fellow and Council Director at The Conference Board, Asia, founder of Fulcrum Point Sustainability Consulting in Shanghai, and a Founding Member of the Sustainability Directory.

He holds an MEM from UNSW Sydney, a BA from UBC Vancouver, and

Practitioner status with IEMA. Accredited Advisor, Future-Fit Business Benchmark.

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